# PBIS Lesson Examples for Secondary:

# **Multi-Purpose Room/Central Quad/Lunch & Breakfast**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say positive and helpful things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Walk at all times· Sit while eating· Keep personal  belongings to yourself· Enter and exit Multi- Purpose Room with  care  | · Wait in line patiently· Eat only at designated  tables/areas· Clean up after yourself· Use garbage cans and  recycling containers | · Use appropriate language· Be polite to the  cafeteria staff when  purchasing food· Listen and follow  directions from  campus supervisors | · Use kind words, no  put-downs and no  gossip· Help students find  seating· Be sure no one eats  alone· Give encouragement  and compliment others |

**Step 3: Tell Why Expectations are Important**

**Safe:** Prevents injuries and allows students to get their needs met quickly

**Responsible:** To show school pride and self-pride, maintain a neat, clean environment, and show for the custodians

**Respectful:** So that everyone has an enjoyable experience

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Running to be first in line\*Pushing while waiting in line\*Sitting more than 2 to an  outdoor bench | \*Walking to line\*Keeping hands to self while in line\*No more than 2 seated on outdoor bench |
| **Be Responsible** | \*Leaving garbage on the table\*Seeing trash and not picking  it up | \*Cleaning up their lunch mess and/or trash on the floor |
| **Be Respectful** | \*Rudely grabbing food\*Yelling loudly to friend | \*Saying “please” & “thank you”\*Using conversational voice  |
| **Be Kind** | \*Telling someone he/she can’t  sit at your table\*Laughing at someone who  has dropped an item | \*Inviting someone to sit at your  table\*Picking up a dropped item for  someone else |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules

**Passing Period/Transition Times/Quad Areas**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say only positive things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Walk at all times· Keep hands and feet to  yourself· Keep personal  belongings to yourself  | · Follow directions at all  times· Keep quad areas clean  from litter· Use recycling bins if  applicable· Immediately report any  concerns to an adult, or  come to the office to  make report· Avoid being tardy | · Use appropriate  language· Walk at all times· Stay off grass areas· Remain quiet when  walking, so other  classes are not  interrupted | · Use kind words, no  put-downs and no  gossip· Help students find the  right person to help  them, or the right  location· Be polite to ACMS staff  and to each other |

**Step 3: Tell Why Expectations are Important**

**Safe:** Prevents injuries to people and damage to property

**Responsible:** To maintain a well-kept and orderly school environment and ensure

 instructional time is not negatively impacted

**Respectful:** So that everyone has an the opportunity to feel good about being at school

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Running \*Pushing\*Throwing objects | \*Walking to class\*Keeping hands & feet to self\*Keeping personal items to self |
| **Be Responsible** | \*Being tardy to class\*Seeing trash and not picking  it up\* Walking across  grass/landscaped areas | \*Arriving to class punctually\*Throwing away trash\*Walking on concrete\*Greeting your teacher when  you enter class |
| **Be Respectful** | \*Swearing\*Yelling loudly | \*Using appropriate language\*Using conversational voice  |
| **Be Kind** | \*Closing the door on someone\*Making others get out of your  way | \*Holding the door open for others\*Stepping out of others’ way |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules

**Perimeter/Before & After School**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say only positive things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Walk at all times· Keep hands and feet to  self· Walk bikes, scooters,  skateboards, etc. while  on campus· Enter and exit bus with  care· Use crosswalks and  sidewalks· Go straight home,  without loitering in park  or other areas of  community | · Only use cell phones  and electronic devices  in designated areas· Follow directions at all  times· Keep campus clean  from litter· Stay off campus until  7:40 (7:30 if you have  breakfast in the Multi)· Move into quads after  7:40· Depart from campus by  2:20 if not involved in  after-school activities  (1:25 on Mondays) | · Use appropriate  language· Be polite and  courteous to others· Be aware of other’s  space and personal  belongings | · Use kind words, no  put-downs and no  gossip· Help students find their  rides· Be sure no one walks  alone· Give encouragement  and compliment others |

**Step 3: Tell Why Expectations are Important**

**Safe:** To avoid potentially dangerous situations and prevent injuries to people and

 damage to property

**Responsible:** To maintain a well-kept school environment,

**Respectful:** So that everyone can feel good about being at school

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Jaywalking\*Walking in bus zone\*Riding bike through campus\*Hanging out in Tetotum Park | \*Using crosswalk\*Staying on sidewalk\*Walking bike off the campus\*Walking around or straight  through Tetotum Park |
| **Be Responsible** | \*Using phone on campus\*Taking pictures/videos with  phone\*Walking by trash on ground\* Being on campus before 7:40\* Being on blacktop after 7:40\*Loitering on campus after 2:20 | \*Using phone at front of school  or blacktop\*NOT taking pictures/videos,  even if you have someone’s  permission\*Picking up trash & throwing it  away\*Staying off campus until 7:40\*Moving into quads after 7:40\*Leaving campus by 2:20 |
| **Be Respectful** | \*Yelling\*Running\*Pushing\*Grabbing\*Swearing | \*Using conversational voices\*Walking\*Keeping hands, feet, &  objects to self\*Using appropriate language |
| **Be Kind** | \*Not acknowledging others as  you walk by\*Making others get out of your  way | \*Positive words\*Saying “Goodbye”, “Have a good afternoon”, or “See you tomorrow” to students and staff |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules

**Restrooms**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say only positive things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Keep water in sinks· Wash hands· Report any problems to  office  | · Follow directions at all  times· Keep restrooms clean  from litter· Keep belongings in  classrooms when  using restroom | · Use appropriate  language· Be polite and  courteous to each other· Be aware of other’s  space and personal  belongings | · Use kind words, no  put-downs and no  gossip· Help students find the  right person to help  them· Be polite to others· Give encouragement  and compliment others |

**Step 3: Tell Why Expectations are Important**

**Safe:** To prevent injuries to people and damage to property

**Responsible:** To maintain a neat, clean environment and prevent disruption of

 instructional time

**Respectful:** So that everyone can feel comfortable and secure while at school

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Hanging on stall door/wall\*Spraying water on floor\*Ignoring problems | \*Staying off doors & walls\*Keeping water in sink\*Reporting problems to staff |
| **Be Responsible** | \*Socializing in restroom\*Putting objects in  toilet/urinal/sink\*Wasting time in restroom | \*Remaining quiet in restroom\*Keeping toilet/urinal/sink free  of obstructions\*Getting back to class ASAP |
| **Be Respectful** | \*Yelling\*Pushing/Grabbing\*Swearing\*Putting litter on floor\*Graffiti/Writing on walls/doors | \*Remaining quiet in restroom\*Keeping hands, feet, &  objects to self\*Using appropriate language\*Putting litter in trashcan |
| **Be Kind** | \*Invading the personal space of  others | \*Respecting the personal  space of others |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules

**School Events (Assemblies, Rallies, etc.)**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say only positive things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Keep hands and feet to  yourself· Remain seated in  bleachers at all times· Walk to and from  assembly seats· Remain in bleachers  until dismissed | · Follow directions at all  times· Keep gym and multi  clean from litter | · Use appropriate  language· Be polite and  courteous to our  guests, and to each  other· Be aware of other’s  space and personal  belongings | · Use kind words, no  put-downs and no  gossip· Help students find their  seats· Be polite to guests· Give encouragement  and compliment others |

**Step 3: Tell Why Expectations are Important**

**Safe:** To prevent injuries to people and damage to property

**Responsible:** To ensure the event runs as smoothly as possible, including starting and

 ending on time

**Respectful:** So the event is an enjoyable experience for everyone

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Pushing\*Running\*Poking neighbor with  finger/object | \*Hands to self\*Walking\*Helping others get seated\*Staying seated throughout the  performance/presentation |
| **Be Responsible** | \*Bringing food/drinks into  gym/multi \*Ignoring staff directions | \*Leaving food/drinks in  backpack \*Following staff directions right  away |
| **Be Respectful** | \*Yelling\*Talking at an inappropriate  time\*Not showing speaker you’re  listening | \*Remaining quiet at  appropriate times\*Eyes on speaker/performer\*Body turned toward  speaker/performer |
| **Be Kind** | \*Heckling the  speaker/performer\*Booing the speaker/performer | \*Applaud at appropriate times\*Encourage the speaker/performer |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules

**Locker Rooms**

**Step 1: Review Behavior Expectations**

**Safe:**  Be free from harm of any kind.

**Responsible:** Be dependable and trustworthy at all times.

**Respectful:** Be polite and cooperative with others.

**Kind:** Say only positive things to/about others and do nice things for them.

 **Step 2: Teach Expectations for Specific Setting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Be Safe** | **Be Responsible** | **Be Respectful** | **Be Kind** |
| · Keep hands and feet to  yourself· Use lockers  appropriately· Speak quietly· Report to your class  immediately | · Follow directions at all  times· Keep locker rooms  clean from litter· Keep belongings  locked in PE locker | · Use appropriate  language· Be polite and  courteous to each other· Be aware of other’s  space and personal  belongings | · Use kind words, no  put-downs and no  gossip· Help students find the  right person to help  them· Be polite to PE staff  and to each other· Give encouragement  and compliment others |

**Step 3: Tell Why Expectations are Important**

**Safe:** To prevent injuries to people and damage to property

**Responsible:** To maintain an orderly environment, prevent loss/theft of property, and

 prevent loss of instructional time

**Respectful:** So ensure the environment is secure and comfortable for everyone

**Kind:** To improve the overall school climate(the quality and character of school life)

**Step 4: Demonstrate Expectations**

 ***\*Provide more examples than non-examples***

|  |  |  |
| --- | --- | --- |
| **Cougar Code Tenant** | **Non-Example** | **Example** |
| **Be Safe** | \*Pushing/Grabbing\*Standing on benches\*Slamming locker doors | \*Hands to self\*Sitting on benches\*Closing locker doors gently |
| **Be Responsible** | \*Leaving belongings out\*Forgetting to secure lock\*Being late to class | \*Ensuring belongings are in  locker\*Double-checking your lock\*Arriving to class on time |
| **Be Respectful** | \*Yelling\*Swearing\*Handling others’ property\*Invading others’ personal  space | \*Quiet voice\*Appropriate language\*Leaving others’ property alone\*Respecting others’ personal  space |
| **Be Kind** | \*Blocking others’ way so they  can’t get to their  lockers/belongings | \*Making room so others can  get to their lockers/belongings |

**Step 5: Provide Opportunities to Practice**

* Class/Partner Discussion
* Role Playing
* Brainstorm/List Examples or Ways to Follow Rules
* Draw/Write Examples and Non-Examples
* Read A Book That Demonstrates Rule or Behavior
* Perform Skits
* Students Teach Other Students About Rules