

BULLYING PREVENTION WITHIN SCHOOL-WIDE PBIS



BASIC STEPS TO ADDRESS BULLYING

STOP WALK TALK - Effective Proactive Strategy

- Focus on all students
- Fits within tiered approach
- Sustainable effort
- More emphasis on prevention



Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. In order to be considered bullying, the behavior must be aggressive and include:

An Imbalance of Power: Kids who bully use their power - such as physical strength, access to embarrassing information, or popularity - to control or harm others. Power imbalance can change over time and in different situations even if they involve the same people.

Repetition: Bullying behaviors happen more than once or have the potential to happen more than once.

Bullying includes: actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group.

Bullying can happen at school, off-campus, online or during after school functions.

Stopbullying.gov

U.S. Department of Health and Human Services, 2019

Stop Strategy

(For the child who is being bullied)

If someone treats you or someone else in a way that feels disrespectful:



STEP ONE - STOP

Use the school-wide "Stop" phrase.

- If the person stops, say "Cool" or "OK" and move on with your day.



STEP TWO - WALK

If the person does not stop, walk away.



STEP THREE - TALK

When you seek support, don't look at or talk to the person; approach school staff and ask for support.

Seeking Support Strategy

(For the child who is bullying)

If someone uses the school-wide “Stop” phrase toward you:

- Stop what you are doing, even if you don’t think you are doing anything wrong.
- Remind yourself “No big deal if I stop now and don’t do it again.”
- Say “OK” to the person who asked you to stop and move on with your day.



Upstander Strategy

If you observe someone using the “Stop” strategy and the inappropriate behavior doesn’t stop:

- ★ Use the “Stop” strategy toward the child who is being disrespectful.
- ★ Ask the child who was disrespected to go with you and leave the area.
- ★ Comfort the person by saying something like “I’m sorry that happened. It wasn’t fair.”

When bullying is observed, staff members must report it to the principal/site administrator.

The principal/site administrator shall inform the student or parent/guardian of the right to file a formal written complaint in accordance with AR 1312.3 - Uniform Complaint Procedures.

Seeking Support Strategy

(For the child who is being bullied)

When you use the “STOP WALK TALK” strategy and the person does not stop:

First, decide whether to walk away or seek support.

If you decide to seek support, speak with school staff.

Approach the school staff, and say “I’m having a problem with _____ I asked the person to stop and they continued” OR “I’m not feeling safe because _____”.

If the school staff isn’t able to help solve the problem right then and you need help right away, ask school staff to assist you in finding another staff member.

EGUSD Board of Education

BETH ALBIANI

DR. CRYSTAL MARTINEZ-ALIRE

NANCY CHAIRES ESPINOZA

ANTHONY “TONY” PEREZ

CARMINE S. FORCINA

SEAN J. YANG

GINA JAMERSON

Leadership

CHRISTOPHER HOFFMAN

Superintendent

DON ROSS

Director, Student Support & Health Services

MARK CERUTTI

Deputy Superintendent, Education Services & Schools

LISA VARTANIAN

Program Specialist, Office of Behavioral Health

LINKS & REFERENCES/RESOURCES



<http://blogs.egusd.net/pbis>



<http://blogs.egusd.net/digitalcitizenship>



<http://blogs.egusd.net/educational-equity>



<https://www.common sense media.org>

Adapted from: University of Oregon, Bullying and Harassment Prevention in Positive Behavior Support: Expect Respect, Brianna C. Stiller, Rhonda N.T. Nese, Anne K. Tomlanovich, Robert H. Horner, Scott W. Ross

