# PBIS Tier II Interventions

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| **Tier II Intervention** | **Grade Level** | **Purpose** | **Community Provider available** |
| **Active Parenting Classes** | Parents and teens ages 12-19 | Parents and teens are taught the skills needed to effectively communicate with each other, and with other family members and friends. | Kids First |
| **Check In Check Out** | Pre K- Grade 12 | Provides students with more frequent adult attention and feedback throughout the day. Students are acknowledged for meeting the school-wide expectations in each class or time period. Students are taught and acknowledged for appropriate behavior. |  |
| **Dinosaur School** | Ages 5-8 | This is a social skills group which treats children with conduct problems, ADHD and internalizing problems. | Kids First |
| **Incredible Years** | Parents with children ages 2-12 | Incredible Years is a class for parents with children ages 2-12. Parents learn to meet the social and emotional needs of their children. The classes help to strengthen parenting skills. It also fosters involvement in children’s lives to promote children’s academic, social and emotional competencies and reduce conduct problems | Kids First |
| **The Parent Project** | Parents of adolescents | Parents are taught skills to improve family relations, improve children’s grades and school attendance, recognize and prevent gang involvement and how to parent strong-willed children. | Kids First(English)Latino Leadership Council(Spanish) |
| **Prepare Curriculum**researchpress.com/books/818/prepare-curriculum | Grades 6-12 | The Prepare Curriculum presents a series of 10 course length interventions grouped into three areas: Reducing aggression, reducing stress and reducing prejudice. |  |
| **School Connect**[school-connect.net/about-us.html](http://www.school-connect.net/about-us.html) | Grades 9-12 | School-Connect seeks to foster academic engagement, enhance social and emotional competencies, reduce risk behaviors and facilitate supportive relationships within high school communities. |  |
| **Second Step****Committee for Children**www.cfchildren.org | TK- Grade 8 | Second Step is a classroom based social skills program, which can also be used for small groups. The curriculum teaches social emotional skills aimed and reducing impulsive and aggressive behavior, while increasing social competence. |  |
| **Strong Kids**strongkids.uoregon.edu/strongkids.html | Grades 3-5Grades 6-8 | The Strong Kids programs are brief and practical social emotional learning curricla designed to teach social and emotional skills, promote resilience, strengthen assets and increase coping skills. |  |
| **Strong Start**strongkids.uoregon.edu/strongstart.html | Program 1: ages 3-5Program 2: Grades K-2 | The Strong Start curriculum is designed to promote social and emotional learning for young children. It is both a prevention and early intervention program . |  |
| **Strong Teens**strongkids.uoregon.edu/strongteens.html | Grades 9-12 | The Strong Teens program is a brief and practical social emotional learning program designed to teach social and emotional skills, promote resilience, strengthen assets and increase coping skills. |  |
| **Student Assistance Program** | Middle-High School | The Student Assistance Program (SAP) is an eight week program for students who are first time offenders for possession or being under the influence of alcohol or drugs. The program establishes goals around substance abuse prevention and education, and the development of protective factors. | Community Recovery Resources |
| **Teaching Pro Social Skills: Skillstreaming** | Grades 6-12 | Teaching ProSocial Behavior (Skillstreaming) employs a training approach, including modeling, role-playing, performance feedback and generalization – to teach essential pro-social skills to adolescents. | Lighthouse Counseling and Family Resource Center |
| **Yoga Calm**www.yogacalm.org | Grades K-12 | Yoga Calm integrates physical yoga, social skills games, mindfulness activities and counseling techniques. The focus is to help students develop emotional intelligence, communication skills, trust and empathy. |  |

**Websites:**

* **Student Mental Health Initiative**
	+ [**http://www.regionalk12smhi.org/**](http://www.regionalk12smhi.org/)
* **What Works Clearinghouse for Behavior**
	+ [**http://ies.ed.gov/ncee/wwc/findwhatworks.aspx**](http://ies.ed.gov/ncee/wwc/findwhatworks.aspx)