

**Fever**

An elevation of the normal body temperature.

**Signs and Symptoms**

-Onset may be abrupt with a shocking chill.

-In general a temperature of 100 degrees, or above shall be considered a fever.

-Sweating flushed face, hot or dry skin.

-Loss of appetite

-Complaint of feeling warm

-Nausea, sometimes vomiting

**Dismissal and Readmission Policy**

**A student with a temperature 100.0 F or above must be dismissed from school. The student must be fever-free for 24 hours without medication before returning from school. This means that if a student is sent home with a fever, they cannot return to school the next day.**

**Common Cold**

An acute infection of the upper respiratory tract, usually lasting five to seven days.

**Signs and Symptoms**

-Nasal stuffiness, sneezing, and nonproductive cough

-Mild sore throat, enlarged neck glands

-Fever

- Red and watery eyes

-Decreased appetite

**Dismissal and Readmission Policy**

**A student will be dismissed from school for the following: a fever of 100.0F or higher, the student is too ill or uncomfortable to function adequately in the classroom, excess coughing that appears to be a hazard to other students or staff. The student may return when they have been fever-free for 24 hours, nasal drainage is clear, and ceases to be a hazard to the well-being of others in the classroom.**

**Diarrhea**

The passage of several unformed stools as a result of the rapid movemen of the fecal contents through the large intestine.

**Signs and Symptoms**

-Watery, copious bowel movements

-Bowel movement may be green in color

-Foul odor

**Dismissal and Readmission Policy**

**A student will not be dismissed for one loose stool unless another sign of illness exist. The student must be fever-free for 24 hours. If the diarrhea persists, student must have a written statement from the doctor that no viral, bacteriological, or parasitic condition exists**.

**Nausea or Vomiting**

Nausea is the sensation of having an urge to vomit. Vomiting is the forcing of the contents of the stomach out of the mouth.

**Signs and Symptoms**

-Certain viruses

-Certain medications

-Upset stomach, dizziness, and anxiety

-Paleness, abdominal pain

**Dismissal and Readmission Policy**

**A student that is vomiting must be dismissed from school, even if they are “feeling better” after vomiting. A student must be vomit-free for 24 hours before returning to school.**

Hello Parents,

The cold and flu season is among us! Since germs and illnesses are easily spread at school to other children, as well as the staff, I am sending home some of the district guidelines and procedures.

# ***Nara Gasparyan, RN, BSN, PHN***

Cold and Flu Policy